Zuzana Sochova – consultancy / coaching / workshops

I help companies and individuals to be more successful.

Teaching teams and their managers how to be more efficient, how to provide better quality and how to communicate and organize teams so that people have fun, they are motivated and have high commitment. I help them to find out how to handle customer relationship so that the customer satisfaction is much higher than it used to be.

coaching / consultancy

- Project management and processes, agile methods and Scrum process
- Company strategy and culture
- Change management
- Learning organization
- HR strategy
- Communication and negotiation
- Personal grow

courses / workshops / talks

Here is an overview of standard courses and workshops, but all courses can be updated to the particular company needs and expectations.

- Overview of project management methods (Critical chain, constrains management, agile methods and Scrum process) Theoretical background. Course should give an overview of modern methods of project and team management.
- Starting agile methods (agile manifest, XP practices, Scrum process). Theoretical background. Course should help the participant to answer whether they want to change their processes and adopt agile methods.

 Understanding of core of agile methods on simple environment.
- **Agile methods and Scrum advanced** (agile manifest, agile methods, XP, Scrum). Theoretical background and discussions of practical case studies of participants. All practices are discussed in complex environment.
- Workshop on adopting agile methods in the company. Practical workshop on how Scrum process should be adopted within the company.
- Consultancy on adopting agile methods. Ongoing mid- and longer-term consultancy on adopting agile methods. Helping the company to be successful in agile adoption, supporting the decision makers, managers and teams in defining the right processes.
- Individual coaching. Supporting the learning process of managers, team leaders and individuals. Help them with decision making and strategy creation process.

Ing. Zuzana Šochová, MBA



Over 11 years of commercial experiences in IT, beginning as a software designer/engineer and moving up into project management, program management, and into executive management at a company provides SW services for international customers (USA, Germany, Austria, Great Britain, ...) that operating in mission critical and life critical sectors — i.e. air traffic control management systems, extensive healthcare applications, and public safety systems.

Started with agile and Scrum back in 2005, where I was involved in implementing the agile methods at large US company operating in the medical area. From that

time, I was responsible for implementation of agile and Scrum to teams in the Czech Republic operating in different areas of IT industry.

Currently I am Managing Director of LOTOFIDEA. In addition to that, I work as a consultant and coach for software organizations. I'm regular speaker at agile international conferences. I'm also a founder of the Agile Association (Agilni Asociace) Czech Republic and offering consultancy of agile and management.

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